

Dateline digital edition Spring 2014

alberta smallbore rifle association

ON THE LINE



Smallbore Rifle Events Calendar

When	What	Where	Who
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2014

April 19	Canada Winter Games Clinic	Calgary Rifle Pistol Club	
May 9-11	Maple Leaf Open- air	Leduc, AB	
June 22-29	US nationals	Ft. Benning USA	
June 13-15	.22 Provincials	Spruce Grove, AB	
June 28	Canada Winter Games Clinic	Calgary Rifle Pistol Club	
July 25-29	Commonwealth Games	Glasgow, Scotland	
Aug 2-10	National Rifle matches	Beachburg, On	
Oct 11	Canada Winter Games Clinic	Calgary Rifle Pistol Club	
Oct TBA	Western Canada Air Gun	Calgary, AB	
Nov TBA	Memorial air match		

2015

July 10-26	Pan- Am Games	Toronto, On	
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Editor: Wynn Payne 462-1029 hm
email at wynn.payne@gmail.com
2033-74 Street Edmonton, Alberta T6K 2L3

BULLETS

Internet/Web access

Keep up to date by clicking 'like' our facebook page: <http://www.facebook.com/AlbertaSmallboreRifleAssociation>

You can follow us on Twitter: @ASRA_177_22

Web site : www.albertasmallborerifle.ca

- **Newsletter**-This is newsletter is published three times per year. The dates are approximately March 31, August 31 and November 30. If you want something published please get it to me two weeks prior to the publication date. I will be issuing some more timely items on an as needed basis.. I would love to hear from anyone as to the types of things that they think would be of value in this newsletter or in the accompanying "panel discussion" email.

- **Sponsors**

These people sell products related to your shooting. Please use them, where possible, as a thanks for helping support us through their ads. When you do order, be sure to tell them thanks for the support. Note: we have a new sponsor of Stormbringer air gun range. Have a look.

Daniela Sirbu has taken over Wayne Sorenson's business. She is the new representative for Kurt Thune products. Mention the newsletter when you are purchasing from her.

- **Panel question**

Once again we have a very interesting panel discussion. The question is based on uses of the SCATT systems.

Note: The panel discussion will be in a separate email.

- **Donations**

Thanks to those who contributed beyond their membership fee this year.

Daniela Sirbu and Tyler Ross

- **Associate membership**

There is now an associate membership available for those who wish only to receive the digital copy of the newsletter. The price for 2014 is \$5 Canadian for the year. What a bargain! Don't rely on someone passing you a copy get your own by filling out the membership form.

If you are reading this and haven't paid your fee please send it to the ASRA address.

Air rifle league- Stormbringer is in the process of setting up an air gun league for all ages. If you know of someone in the **Edmonton** area who may be interested contact Daryl. (see ad) I'm working on developing an active local air-gun community and have taken the first step with the creation of the Edmonton Airgun Shooting Enthusiasts group. I have an initial meet & greet scheduled for Wednesday April 23rd, and every 3rd Wednesday after that.

<http://www.meetup.com/Edmonton-Airguns-Shooting-Enthusiasts-EASE/events/176055402/>

- **SCATT machines**- **ASRA** clubs and members have an opportunity to use a SCATT machine for training and/or demonstrations. These machines are available on a first come first serve basis. For details see the form near the end of this newsletter. It has been decided to charge a nominal fee of \$1 per day so everyone can afford them but in turn they won't sit idle with the "clock running". If you wish to obtain the units contact Wynn Payne at wynn.payne@gmail.com. They come complete with a computer with the software installed and all the cables and mechanical pieces. Note: I will be away from Jan 11 until Mar 25 so if you want to obtain a unit best do it before I depart. (I have someone at my address to receive returned units.) They will arrive in a locked padded hard case that allows for Greyhound shipping.

A great opportunity for the athlete and the coach to see what the barrel is doing before the shot is fired. It is an awesome training tool. All shooting on them has to be done in dry fire mode so ensure your air rifles can dry fire. .22 rifles just need a piece of brass in the chamber.

If there are units not spoken for (5 now available) there are other provinces who have already asked for them.

- The Maple Leaf open air gun match in May will be an opportunity to earn a **cut score for national rifle team position**.
- **Pan- Am games**- See press release at the end of this newsletter.

- **2022 Commonwealth Games-** The City of Edmonton has confirmed it will bid for the 2022 CWG.
- **New ranges-** The above two press releases mean that within 8 years we can expect to have two world class full facility shooting ranges. After losing the Strathcona Shooting range (a legacy from CWG 1978) it will be great for shooting to have facilities both east and west to hold national and international shooting events.
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SHOOTING BOOK FOR SALE

MENTAL TRAINING FOR SHOOTING SUCCESS - Professor Richard R Domey

Originally available exclusively from the author the book has been unavailable anywhere for about two decades. Used copies are almost impossible to find. The author has given permission to reprint the book. Professor Domey's extensive background as a competitive shooter and coach in both full bore and small bore rifle is a solid foundation. The book covers a wide range of topics including but not limited to goal setting, training plans, visualization, relaxation techniques, wind-doping and nutrition.

Copies are available from D. Grover, PO Box 5035, Westlock, Alberta , T7P 2P4

\$25.00 includes shipping and handling (based on Canadian destination). Allow two weeks for delivery.

Advice to mothers: Unless you deliberately set aside a little time for regular relaxation, you will not be able to efficiently card for your family. Therefore, plan to relax a minimum of an hour and a half every fifteen years.

A sign on an apron: "I got this for my wife, I think it was a pretty good trade."

Inscription on the tombstone of a hypochondriac: " Now will you believe I'm sick?"

Hello ASRA members,

My name is Daniela Sirbu. Many of you may already know me, especially if you shoot air rifle. I have been shooting competitively for almost half my life and within the past 5 years started to shoot and compete at the international level. Because of my active involvement in the sport of air rifle, I have decided to become a Kurt Thune dealer.

Many of you may know or have dealt with our current Kurt Thune dealer, Wayne Sorenson, based out of Calgary. He has decided to step down as an active dealer and allowed me to take over in his place.

I remember buying my first shooting suit from him and the instant improvements I experienced. I hope to help and service the shooters of Alberta and beyond, the same way I was once helped by Wayne in my developing years.

I am often at the competitions held in Alberta, so feel free to come over and introduce yourself and see what Kurt Thune equipment can do for you!

Jacket

Pants

Boots

Slings

Daniela Sirbu

Kurt Thune Dealer

(780)380-5963

just_me_danie@hotmail.com

2014 Alberta Smallbore Rifle Association BOARD OF DIRECTORS

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<p>Jeff Hunter .22 Match Liaison</p> <p>828 Canna Cres SW</p> <p>Calgary, AB T2W 1N9</p> <p>W: 403-541-5259 H: 403-238-2651</p> <p>Jeff.hunter@otis.com</p>	<p>Darcy Wereley</p> <p>9631 114 Ave</p> <p>Grande Prairie, AB T8V 3L9</p> <p>H; 780-402-3505 C: 780-876-0428</p> <p>Trucklover2002@hotmail.com</p>
<p>Medicraft, Stephen</p> <p>5349 42A Ave</p> <p>Red Deer, AB T4N 3A6</p> <p>H: 403-342-6555 C: 403-357-4370</p> <p>smedi@telusplanet.net</p>	

Any Questions?



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Diablo



Diabolo

	ALBERTA SMALLBORE RIFLE ASSOCIATION ANNUAL MEMBERSHIP APPLICATION FOR 20__	
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Please print clearly to ensure an accurate mailing list and member data.

Date of birth is required for government survey purposes, determining provincial grant eligibility and will be kept confidential.

FAMILY NAME (SURNAME) _____

Given name _____ Date of birth ____/____/____
DD / M M / YEAR

Given name _____ Date of birth ____/____/____
DD / M M / YEAR

Given name _____ Date of birth ____/____/____
DD / M M / YEAR

Street _____

City/Town _____ Prov. _____ Postal Code ____ - ____

Residence Phone (____) _____ Bus./Fax (____) _____

E-Mail Address _____

I hereby apply for membership in the Alberta Smallbore Rifle Association [ASRA]. I also understand I will be insured through the ASRA insurance policy while my membership remains active and in good standing.

Signatures (required for insurance purposes)

Date

Annual Membership Fee Schedule (Please use the one that applies to you):

Individual Memberships

Adult - \$35 \$ _____

Junior - \$30 \$ _____

Family Memberships

Principle family member = \$40

Additional family member + \$15 each per additional member.

Family Membership (two individuals): \$40 + \$15 = \$55

Family Membership (three individuals): \$40 + \$15 + \$15 = \$70 \$ _____

Donation to ASRA* \$ _____

Total cheque payable to **ASRA** \$ _____

Mail to: **ASRA Membership, c/o Billi-Jo McIlroy, RR#2 LCD 1, Red Deer, Alberta, T4N 5E2**

Objectives of ASRA:

- Promotion of smallbore .22 and air rifle target shooting in Alberta
- Development of athletes, coaches and officials in the province
- Organize provincial match, air and sporting rifle championships annually
- Organize provincial teams to represent at Canada Winter Games and National Championships
- Organize zone coaches to promote sport across the province

*No tax receipt available. For ASRA donation above \$10, submit cheque payable to "ASRPWF" for tax receipt. Form version: 2 [November 2013]

2015 Canada Winter Games (CWG)
Team Alberta Target Shooting Selection Process
Air Rifle

Alberta Smallbore Rifle Association (ASRA) is the governing body for air rifle shooting in the Province of Alberta. Alberta Smallbore Rifle Association will support and work with air rifle clubs to effectively scout, select, and train athletes throughout the province.

- Athletes born on or after January 1, 1995 and on or before December 31, 2002 may attend the CWG. Shooters must possess a Minors Firearms Use Permit or a FPAL in order to attend the Games.
- The program for selection of the Alberta Air Rifle Team will consist of training camps and matches. The camp and match schedule will be shared with all ASRA members and is open to all junior air rifle shooters.
- Athletes must compete in at least four matches each in year three and four of the CWG quadrennial (2013 and 2014). From the scores achieved at matches and performance at training camp a short list of athletes will be selected at the 2014 Provincial Championships.
- The top two females and the top two males will be selected at a selection match in fall 2014.
- The third ranking female and the third ranking male will each be an alternate.
- An alternate will replace a selected team member only should the team member not be able to participate, due to illness or physical injury before team departures to the Games. As well, all shooters must meet all other codes and requirements set forth by the Alberta Smallbore Rifle Association, the Shooting Federation of Canada, and the Canada Games Council.
- The Alberta Smallbore Rifle Association will submit the names of the top two females and top two males, plus one female and one male alternate to the

Canada Winter Games/Canada Games Council for accreditation and processing

Form for borrowing SCATT machine systems with computers.

This agreement is between ASRA and _____ (hereafter called CLUB) a shooting club in the Province of Alberta.

By this agreement ASRA (as trustee) is lending at nominal cost (\$1/day as of November 2013), a SCATT laser training system to the CLUB for use in training and demonstrations in their area. The CLUB will pay for the transportation to obtain the unit and it's return to Edmonton (2033-74 Street T6K 2L3) or to the next location wanting to use it.

The CLUB agrees to post a \$2000 cheque as guarantee for the safe return of the system. This cheque will be returned to the CLUB or destroyed upon the return of the system in full working order. The CLUB will be responsible for any repairs needed while the machine is in their possession.

It is understood if the system is not returned on request the \$2000 cheque will be cashed to enable a new system to be purchased in replacement. If the system is returned, but not fully functional, any repairs will be deducted from the \$2000 deposit.

The system will be lent to clubs for a 3 week period that may be formally renewed as deemed fit based on the demand from other locations.

Agreed to by the CLUB _____

by _____

President of the CLUB

Dated _____

What will it take to achieve your goal to make Team Alberta?

Desire, discipline and determination as well as FUN, FUN and MORE FUN!



DESIRE
DISCIPLINE
DETERMINATION

**2014 ASRA
ALBERTA AIR
RIFLE
PROVINCIAL
CHAMPIONSHIP**

17 - 19 January 2014 Sylvan Lake , Alberta

		Relay 1	Relay 2	TTL	Final	Awards	
Competitor	Cat.						
Ladies							
Sirbu, Daniela	LSR	408.7	396.2	804.9	197.1	Ladies Champ	Gold
Medicraft, Belle	LJR	362.3	393.4	775.7	196.4	Top LJR	Silver
Eymann-MacDonald, Susan	LSR	380.3	379.4	759.7		4th place	
McIlroy, Billi-Jo	LSR	377.9	384.8	762.7	173.5		Bronze
Lunam, Shaylene	LIJR	359.3	337.1	696.4		5th place	
Men							
Lutz, Dylan	SJR	497.5	489.5	987		8th place	
Seitz, Hoyt	SR	459.6	458.3	917.9		na	
Seitz, Kyle	SJR	491.4	490.4	981.8		7th place	Top SR
Ross, Tyler	SJR	461.1	458.3	940.1		na	
Robinson, Sebastion	JR	494.4	509.3	1003.7		4th place	
Werely, Morgan	IJR	550.2	574.3	1124.5	169		Bronze
Hardy, Brandon	JR	576.8	581.6	1158.4	197.8	Top MSJR	Mens Champ
Erickson, Michael	JR	539.5	528	1067.5		5th place	Gold
Draper, Avery	SJR	529.9	543.8	1073.7	186		Silver
Lock, Zack	SJR	514.7	508.4	1023.1		6th place	

Officials R. Pentelski, D. Werely
PDF's of match



2014ABAirProvRifle
Women.pdf



2014ABAirProvRifleM
en.pdf

City of Calgary Airgun Championship
14 - 16 March 2014 CRPC
Air Rifle Results

Competitor	Match 1	Match 2	Total	Final
Women				
Medicraft, Belle	384.9	393.9	778.8	196.2
Eymann-MacDonald, Susan	385.4	377.7	763.1	177.7

Men

Werely, Morgan	551.3	557.4	1108.7	191.9
Lock, Zack	532.5	518.9	1051.4	181.1
Oakie, Dave	557.3	536.9	1094.2	158.9
Erickson, Micheal	548.7	550.4	1099.1	139.8
Robimson, Sebastion	517.7	503.6	1021.3	122.9
Draper. Avery	545.3	551.1	1096.2	102
Thacker, Daniel	426.1	405.1	831.2	69.5

Officials: D. Garrett, G. Garrett, D.Werely, R. Pentelski, K. Schulze

Hello all,

It sure was nice to see Alberta represented at the inaugural SFC Coaching Summit last weekend. For those of you who were unable to attend, here is some information about what occurred.

Eleven coaches (16 people in total) participated from BC, Alberta, Saskatchewan and Ontario. Rick Ward, HP Chair, started the weekend off sharing with us where the SFC HP (and coaching) was heading. Receiving this type of communication was appreciated by everyone in attendance.

If you don't know who Istvan Balyi is, google him. He is a key person in the development of the CS4L and LTAD models used in Canada and around the world. Istvan spent the weekend with us and I've placed all the presentations (paradigm shift in coaching, planning and periodization) and articles in a Dropbox folder (let me know if you would like access or talk to one of the other coaches who attended the weekend Summit). I have heard Istvan speak many times...what was unique with this presentation was the invitation to continue to receive his feedback on our annual plans afterwards? I thank the SFC for creating this opportunity to receive mentorship.

The information about periodization and annual plans may be of particular interest. ASRA athletes must complete an annual plan to qualify for ASRA grants in the fall. ASRA sees this as an introduction to the concept. Athletes and their coaches that continue on in their HP training will need to develop more understanding and use for the type of document, which is meant to be fluid.

Kim Wager Jones, presented on 10 nutrition tips for HP shooters and her presentation is also in Dropbox.

Dr. Saul Miller who presented on Sport Psychology clearly had experience working with HP shooters and gave a very good presentation. FYI - he works with many using Skype and has written several books.

Patrick Haynes, National Pistol Coach gave a presentation on using SCATT as an athlete performance analysis tool and how to coach resilient athletes (ones who can think for themselves). Patrick presents regularly in eastern Canada, so it was very nice to have him come to Alberta and share his knowledge.

The SFC intends to continue offering Coaching Summits, alternating between the east and west. The next one is being planned for the east in Fall 2014. I believe these summits are useful not only for individual coaches but also for the sport as a whole. I hope to see the number of participants grow.

Thank you to Susan, Adam and Rick of the SFC for a great weekend.

Susan Eymann

An army of Taliban was moving down the road when they heard a voice from behind a sand dune. "One Canadian is better than 10 Taliban". On hearing this, the commander picked his 10 best men and sent them over the sand dune. There was a lot of gun fire then quiet until a voice rang out "One Canadian is better than 100 Taliban". The commander, totally incensed, picked his top 100 men and sent them over the hill. Again there was a great amount of small arms firing followed by quiet until the same voice was heard "One Canadian is better than 1000 Taliban". The Taliban commander was totally beside himself and quickly responded to the challenge with 1000 men. After they went over the hill the amount of gunfire was horrendous with a smoke hanging in the air and again followed by quiet. This time a Taliban fighter struggled out from beside the hill and said to the commander. "Don't send any more men, it's a trap. There are two of them."

2014 ASRA Athlete Development Funding

In 2013, ASRA received \$16,469 in grants to help fund ASRA and its members. This amount is not guaranteed each year; here is how it works. The Alberta Federation of Shooting Sports sends out an activity report to all eleven member associations of which ASRA is one. From the information provided, the AFSS Administration applies for funding from the Alberta Sport Connection and each member group is allotted funds for Athlete Development, High Performance Athlete Development, Officials / Coaches, Hosting Provincial Championships, Technology, Range Development and Administration. As well, ASRA received a portion of the Casino income that we earned (\$4,965.97) when our members helped with the AFSS casino event last August 11-12 in Edmonton.

The High Performance Grant from AFSS is meant to help out athletes who are working towards national team membership and international competitiveness. For some of you that may be part of your 2014 goal and for others it may be a goal in the near future.

The Athlete Development Grant is to assist developing athletes.

In order to qualify for athlete development grants ASRA requires you to

- attend the appropriate ASRA provincial championships (indoor air rifle and or outdoor match rifle)
Reimbursement amounts are based on athlete ranking at Provincial Championships and expense amounts submitted.
- follow the process set out below

Process to Qualify for Athlete Grants

The athlete must be in good standing with ASRA (i.e., 2014 membership paid)

Athlete must reside in Alberta

Must compete at an ASRA sanctioned provincial championships (exceptions allowed with Board approval)

With assistance from your coach, create and submit an annual plan (ASRA encourages you to use the National Coaching Certification Program (NCCP) Annual Plan Template) including

Goals

Identify matches you will attend

Include your training schedule, both weekly and monthly

Include other ways you are physically active (off season and during the shooting season)

Throughout the year collect all receipts for submission, November 2014

Mail: Susan Eymann Box 1703 Raymond AB T0K 2S0

Email: susan@lethbridgesportcouncil.ca

Hand delivery: to Susan at the City of Calgary match

Deadline to submit Annual Plan and Goals – March 15

2014 ALBERTA PROVINCIAL SMALLBORE RIFLE CHAMPIONSHIPS

MATCH AND SPORTING RIFLE

13, 14, 15 JUNE 2014 AT THE

SPRUCE GROVE GUN CLUB
SPRUCE GROVE, ALBERTA.

Range Facilities: 17 Firing Points at 50 Meters; all of which extend to 100 yd. Overnight camping is available at the range, please contact Sheldon Dobish at Sheldon.Dobish@yahoo.com to make arrangements. There is no running water or power; outhouses only. Due to uncertainties still existing, this match may have to be moved to another location. The most probable alternate range is CRPC in Calgary. Please watch your emails closer to the event if you have registered.

Information:

1. Registration and equipment check begin at 18:00 Friday 13 June and 09:00 Saturday 14 June.
2. Course of Fire: Please see attached schedule.
3. ISSF (Match/Sport Rifles) and SFC (Sporting Rifles) rules will apply. SFC Classifications will be used. Please bring your SFC card or latest match results. Unclassified shooters will compete in the Expert Class.
4. Challenge Fee; \$5.00, refunded on change of score.
5. Eligibility: Membership in the Alberta Smallbore Rifle Association is required. Junior ages are as of 2014. Juniors are 15-21, Sub Juniors are 14 and under as of the year of the Match. Juniors entering only JR. classes are eligible for Senior awards for no extra charge.
6. Please bring your own Staple Gun or clips for backers. Clips or clamps are preferred.
7. Hotels: Nearest Hotels: Ramada Inn Stony Plain, Best Western Sunrise Inn Stony Plain
Or Travel Lodge Spruce Grove, 1-866-299-2910.

9. Awards: Awards will be presented after Challenge time Sunday afternoon (approx. 14:30 hrs.).
There will be no fee for aggregate awards , which are as follows:

Match Rifle:

3-Position Grand Agg.
Prone for 3-Pos. shooter (120 shots)
Prone Iron Sights (Match 2 & 4)
Prone Any Sights (Match 6)
Prone Grand Agg winner
Prone Grand Agg class winners
Ladies Sport Rifle 3-P Grand Agg

Trophy:

Olympic Trophy
Inaugural Trophy
President's Trophy
Craftsman Trophy
Chisholm Trophy
Trophy plaque (MA, EX, SS, MM)
Trophy

Sporting Rifle

Prone Agg. (Match 3)
3- Position Agg. (Match 8)
Prone & 3-P Agg combined
Ladies Prone & 3-p agg combined
Provincial Junior Aggregate and Provincial Sub-Junior Aggregate

Trophy:

Reg Jackson Trophy
Alma McNabb Trophy
J.R. Klockow Memorial Trophy
CRC trophy

Note: Previous Trophy winners: Please return the trophies in time for the presentation at this match.
If you have not received an engraved plate for 2013 please have the trophy updated and submit a receipt to ASRA. Thank you.

2014 ALBERTA SMALLBORE RIFLE CHAMPIONSHIP

MATCH SCHEDULE AND REGISTRATION

Friday 13 June 2014: 18:00: Registration, Equipment Check, Sighting-in.

Please indicate which matches you wish to enter by entering the fee on the line next to the match.

Saturday 14 June 2014:

FEES:

Time:	Match #:	Event:	Adult	Sub Jrs, Jrs.	
10:00	1	ISSF 3-Position (60 Pr, 40 Std, 40 Kn)	\$45.00	\$35.00	_____
10:00	2	ISSF Prone (120 Shots)	40.00	30.00	_____
10:00	3	Sporter Prone (120 Shots)	40.00	30.00	_____
15:30	4	ISSF Prone (40 Shots at 100 Yds.)	20.00	15.00	_____

Sunday 15 June 2013:

10:15	5	ISSF 3-Position (60 Pr, 40 Std, 40 Kn)	45.00	35.00	_____
10:15	6	ISSF Prone Any Sight (120 Shots)	40.00	30.00	_____
10:15	7	Sporter 3- Position (120 Shots)	40.00	30.00	_____
Total Match Fees:					\$ _____

SFC Registration Fee (Compulsory): 2.00 2.00 _____ 2.00_

SGGC Range Rental :(Compulsory): \$10.00 per day per shooter: _____

Total Fees: (Please make cheque or money order payable to ASRA) \$ _____

Notes:

- For the Prone Aggregate, shooters must use Iron Sights only.
- The first 40 shots prone of Matches 1 & 5 count toward your 3-P aggregate.
- Prone shooters will take a break during the first Standing target, then start their 2nd match.

Name _____ Address _____

City _____ Postal Code _____ Phone # _____

SFC Classifications: Sporting Rifle Pr _____ 3-P _____ Match Rifle Prone _____, 3-P _____

SFC Membership # _____ ASRA Membership # _____ JR. Birth Date _____

Please forward cheques and entry forms to: Ralph Pentelski,
2808 37 ST SW,
Calgary, Alberta,
T3E 3B4

Phone: 403-242-1416, or email to rpentelski@gmail.com

Draft Press release Nov 2013
Toronto International Track & Skeet Club Named Shooting Venue for
TORONTO 2015 Pan Am Games

Games creating legacy of first training/competition venue in Canada for pistol, rifle and shotgun

INNISFIL, ON November 15, 2013 – The best marksmen in the Americas and Caribbean will take aim at the Toronto International Track & Skeet Club during the TORONTO 2015 Pan Am Games, the Organizing Committee confirmed today.

The private club, located about 40 minutes from Toronto, was founded by local enthusiasts of the sport in 1970. It will host Pan Am competitions in 25-metre pistol, 50-metre rifle and pistol, 10-metre air rifle, as well as trap and skeet.

For the Games, Government of Canada is funding a new permanent combined 25-metre and 50-metre range, a new separate 10-metre air rifle range and improvements to two of the club's existing trap and skeet ranges.

The investment is an important legacy for the sport in Canada, providing the first facility for the country's top marksmen in pistol, rifle and shotgun disciplines. Currently, these athletes have to travel away from family and friends to the southern United States for year-round training.

"The TORONTO 2015 Games are creating a number of important legacy infrastructure investments for Canadian athletes in Ontario," explained Ian Troop, chief executive officer the TORONTO 2015 Pan/Parapan American Games Organizing Committee (TO2015).

"For the first time in **XXX years/ever**, the best marksmen and women in Canada will have a world-class facility that offers much-needed training opportunities in all three disciplines of their sport," he said. "Canada has produced many champion shooting stars over the years but this investment will take the sport to the next level in our country."

Also on hand for the announcement today was 2007 Pan Am champion Avianno Chao, who won a gold medal in the 10-metre air pistol event in Rio. She is one of 13 individual Pan Am champions Canada has produced in shooting since the country first competed at the 1955 Games. At the Olympics, Canada has had four champions since 1908.

(SUGGESTED DRAFT QUOTE) "Canada's best marksmen have represented their country with pride over the years but it's been a struggle to find world-class venues where we can train and compete at home," Chao said. "Today, marks the start of a new chapter for us. We've always had the talent and drive to excel internationally and now we will have the facilities, too."

The structures and equipment for pistol, rifle and shotgun at the club will be governed by International Shooting Sport Federation (ISSF) requirements, as well as Royal Canadian Mounted Police (RCMP) *Range Design and Construction Guidelines*.

(SUGGESTED DRAFT QUOTE) "The Government of Canada is a proud supporter of the TORONTO 2015 Pan Am/Parapan Am Games," said the Honourable Bal Gosal, Minister of State (Sport). "Shooting has a long history at the Olympic and Pan Am Games, and Canadians have stood at the top of the podium on several occasions, starting with the legendary Walter Ewing's Olympic win in 1908. This venue will enable our best to train and compete in a world-class facility here at home."

The Pan Am shooting competition involves three disciplines: pistol, rifle and shotgun. In pistol and rifle, competitors shoot at a ringed target from distances of 10, 25 or 50 metres, and depending on the event, in either a standing, kneeling or prone position. In shotgun events, athletes shoot at clay targets launched in front of and above them. Medal winners in each event are decided by adding up scores after a number of rounds of shooting.

(SUGGESTED DRAFT QUOTE) "Recreational marksmen in Ontario will also benefit greatly from this Games-driven investment in the Toronto International Track & Skeet Club," said the Honourable Michael Chan, Minister Responsible

for the Pan/Parapan American Games. “This is another example of the important legacy the TORONTO 2015 Pan Am/Parapan Am Games is creating in our communities.

The new combined rifle and pistol range will have 40 shooting positions at the 50-metre line, 20 shooting positions at the 25-metre line, covered shooting positions with a baffled system down range and new targetry equipment.

The new air rifle range will have 50 shooting positions and new targetry equipment in a fully enclosed, heated/air conditioned building.

The retrofit of the trap and skeet ranges will have a structurally reinforced concrete trap/clay inground target pit to house new targetry/launching equipment, high and low houses, as well as shooting positions with concrete pads.

TO2015 will issue a request for proposals (RFP) for the construction contract **in early 2014**. The work will be completed in **XXXX**.

(SUGGESTED DRAFT QUOTE) “The residents of Innisfil are honoured to join in the excitement of the 2015 Pan Am Games by hosting the top marksmen and women in the Americas and Caribbean,” said Mayor Barb Baguley. “The Games will also leave an important legacy in our growing community with the location of a world-class training and competition facility at the newly upgraded Toronto International Track & Skeet Club.”

Canada and Shooting at the Pan Am and Olympic Games

Shooting has been contested at the Olympic Games since 1896 and has been part of the Pan Am sport program since the first Games in 1951. Canada first competed in Olympic shooting in 1908 and in Pan Am shooting in 1955.

Canada has won dozens of medals in shooting at the Pan Am Games over the years, and produced individual champions on at least 13 occasions, as well as several team gold medals. They include:

- Dorothy Ludwig (10-m air pistol, 2011)
- Avianno Chao (10-metre air pistol, 2007)
- Susan Nattrass (trap, 2007)
- Kim Eagles (10-m air pistol, 1999)
- Elizabeth Calahan (25-m pistol, 1999)
- Sharon Cozzarin (10-m air pistol, 1991)
- Sharon Bowes (10-m air rifle, 1987)
- Patrick Vamplew (50-m rifle prone, 1987)
- Guy Lorion (10-m air rifle, 1987 and 10-m air rifle, 1979)
- Alfons Mayer (50-m rifle, 1967)
- Arthur Cook (50-m rifle prone, 1959)
- Gerry Ouellette (free rifle, 3-position, 1959)

The Olympic champions are:

- Linda Thom (25-m pistol, 1984);
- Gerry Ouellette (small bore rifle prone, 1956);
- George Genereux (trap, 1952);
- Walter Ewing (trap, 1908)

About TO2015

The TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015) is tasked with the responsibility of planning, managing and delivering the Games. Its mission is to ignite the spirit through a celebration of sport and

culture. The TORONTO 2015 Pan American Games will take place July 10–26 and the Parapan American Games August 7–14.

The 2015 Games are funded by the Government of Canada, the Province of Ontario, as well as other partners and sponsors. CIBC is the Lead Partner of the Games.

For more information about the Games, please visit TORONTO2015.org.

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Customer: "Those franks you sold me yesterday were meat at one end and corn meal at the other."

Butcher: "Yes, in these times it's difficult to make both ends meat."

I don't need Google because my wife knows everything.